



INTRODUCTION

Message From Our Manager

Welcome to our latest quarterly newsletter from Cedars.

Autumn has brought plenty of colour and activity to the home, with residents enjoying seasonal crafts, flower arranging, entertainment and some very special four-legged visitors. We've also taken time to mark Harvest Festival together and have begun preparing for Remembrance Day by making our own poppies.

Music has featured strongly over the past few months too. We've stepped back in time for a nostalgic holiday camp afternoon and returned to the 1980s for an afternoon of familiar songs, dancing and afternoon tea.

As always, thank you to our residents, relatives, friends and team for getting involved and making these occasions so enjoyable. We hope you enjoy catching up on some of our recent news.

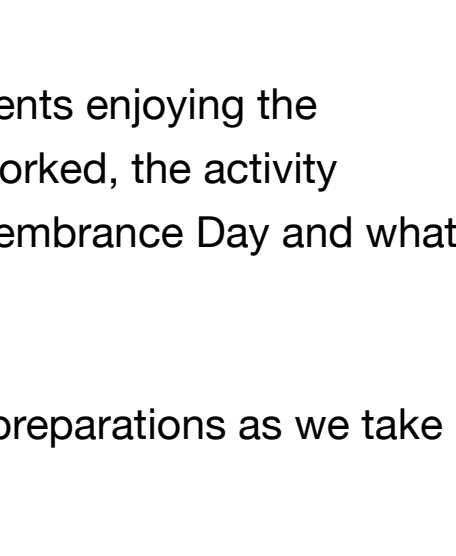
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[Sign Up Link](#)

Best wishes,

Victor

Victor Zingoni
Care Home Manager



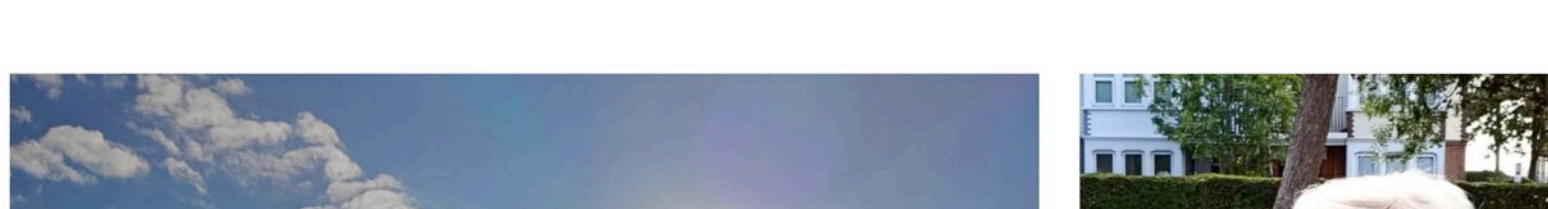
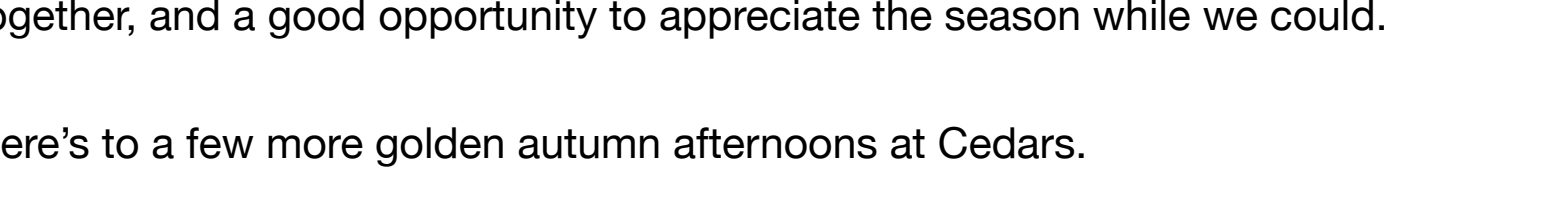
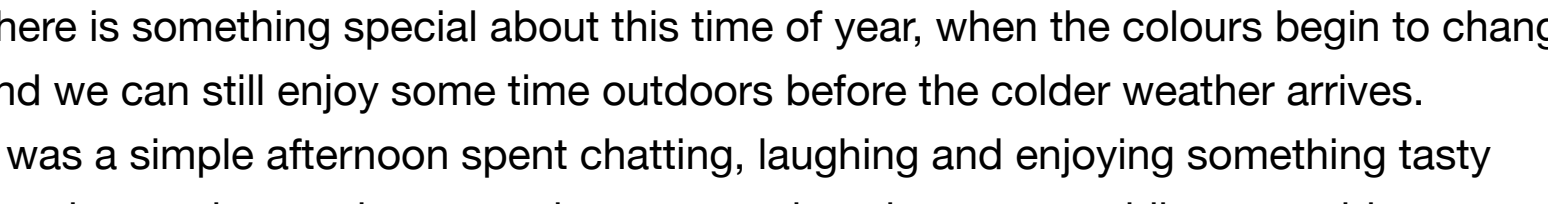
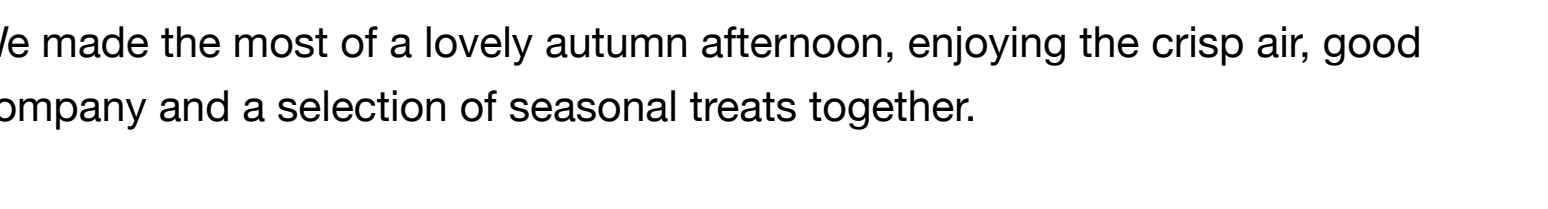
WHAT'S BEEN HAPPENING?

Preparing for Remembrance Day

Our residents have been getting creative as we prepare to mark Remembrance Day.

We spent time together making beautiful poppies, with residents enjoying the opportunity to craft while chatting around the table. As we worked, the activity naturally prompted conversations and memories about Remembrance Day and what it has meant to people over the years.

Our handmade poppies will form part of our Remembrance preparations as we take time to remember and honour those who served.

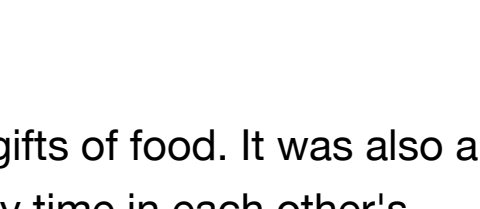


Chasing the Golden Hours

We made the most of a lovely autumn afternoon, enjoying the crisp air, good company and a selection of seasonal treats together.

There is something special about this time of year, when the colours begin to change and we can still enjoy some time outdoors before the colder weather arrives. It was a simple afternoon spent chatting, laughing and enjoying something tasty together, and a good opportunity to appreciate the season while we could.

Here's to a few more golden autumn afternoons at Cedars.



Celebrating Harvest

"The best harvest is the one we share."

Our Harvest Festival was about more than the traditional gifts of food. It was also an opportunity to come together, share a cup of tea and enjoy time in each other's company.

Harvest is a familiar tradition for many of our residents and gave us the chance to reflect on the changing seasons and the importance of giving thanks for what we have.

There was plenty of conversation as we spent time together, making it a warm and meaningful occasion for everyone involved.



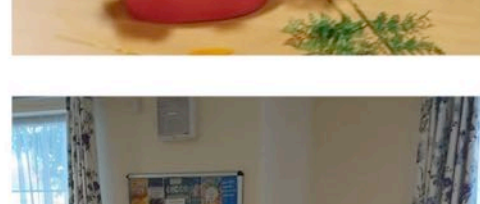
Autumn Blooms

The rich colours of autumn provided the inspiration for our latest flower arranging session.

Sitting together around the table, residents worked with beautiful seasonal shades of burnt orange, russet, mustard yellow and burgundy. Everyone had their own ideas about which colours and flowers worked well together, resulting in a lovely selection of arrangements.

As always, the activity was as much about the time spent together as the finished flowers. There was plenty of chatting around the table while everyone worked at their own pace and enjoyed getting creative.

The finished arrangements brought some wonderful autumn colour into the home.



Puppy Love at Cedars

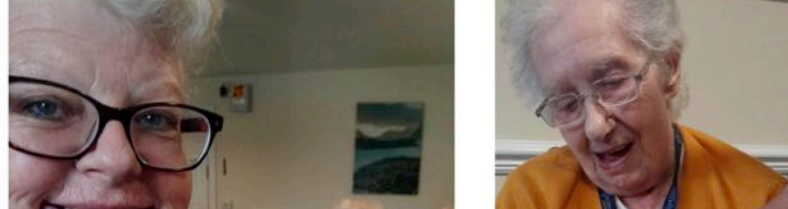
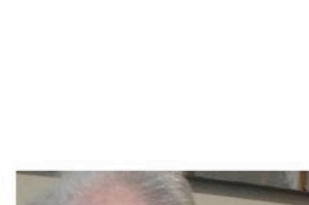
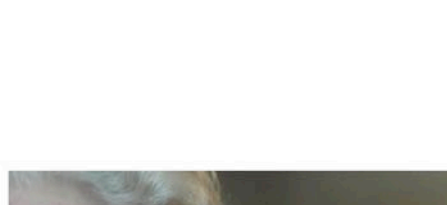
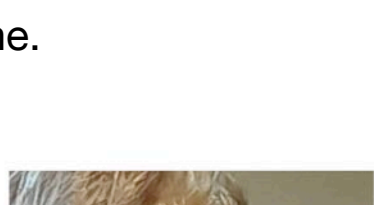
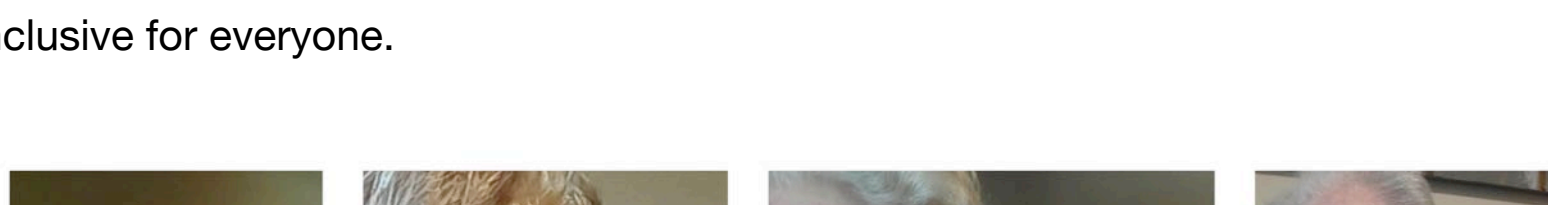
We had some very special visitors when the miniature Pomeranians from Pawstive Social Society came to see us.

Excitement began as soon as residents knew the dogs were on their way, and it wasn't long before the home was filled with wagging tails, cuddles and plenty of attention for our tiny visitors.

While many residents enjoyed meeting the Pomeranians together, the team from Pawstive Social Society also made sure that residents who were in their rooms didn't miss out.

The dogs were gently brought in for individual visits and settled happily on residents' laps, allowing everyone who wished to take part to enjoy some one-to-one time with them. These quieter visits led to some particularly nice moments, with plenty of conversation and memories of much-loved pets from years gone by.

A big thank you to Pawstive Social Society for taking the time to make the visit inclusive for everyone.



Nostalgic Holiday Camp Fun

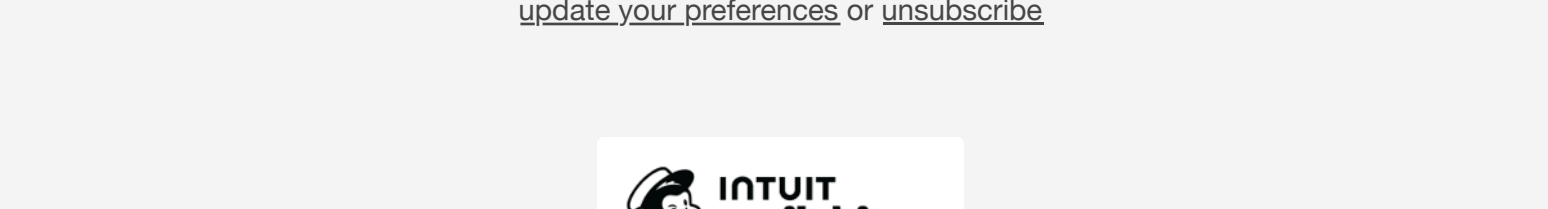
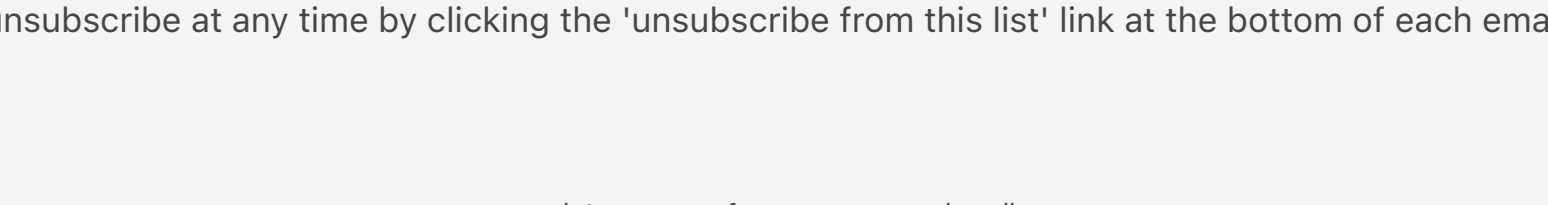
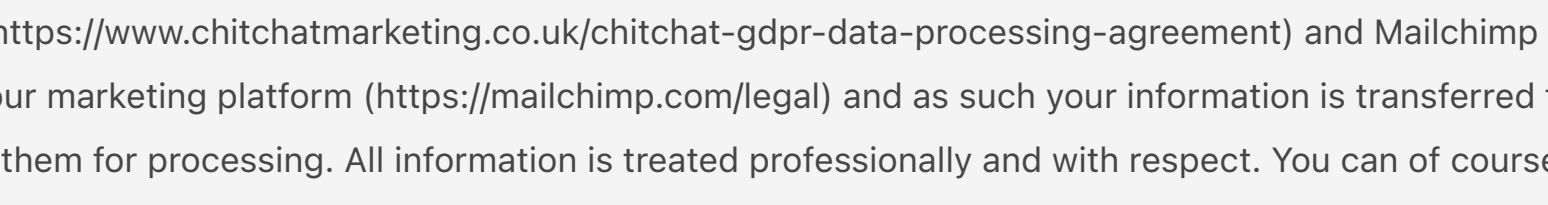
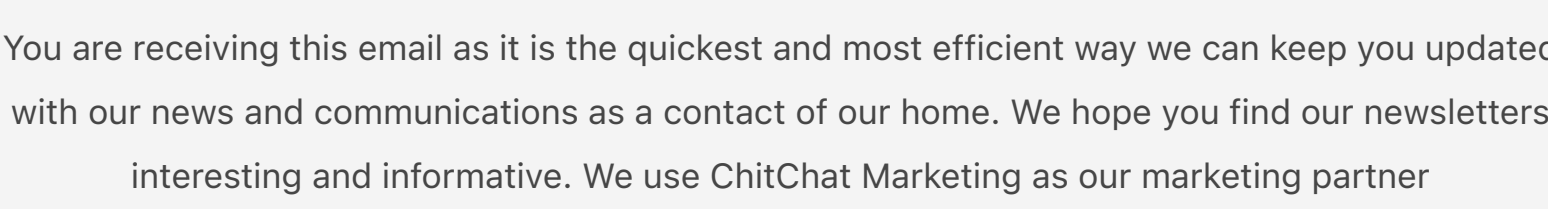
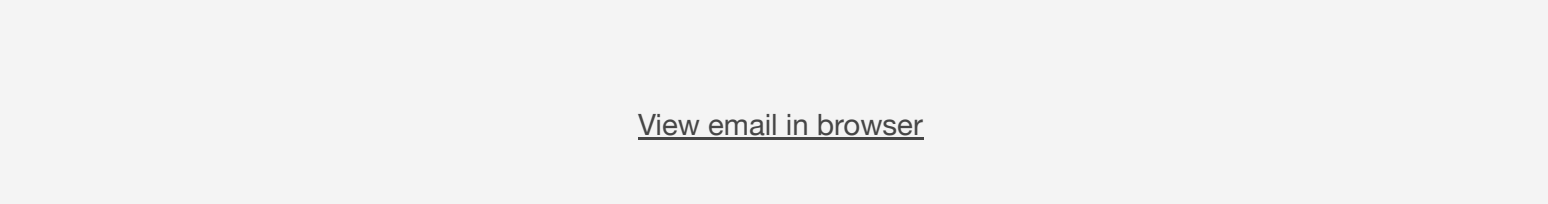
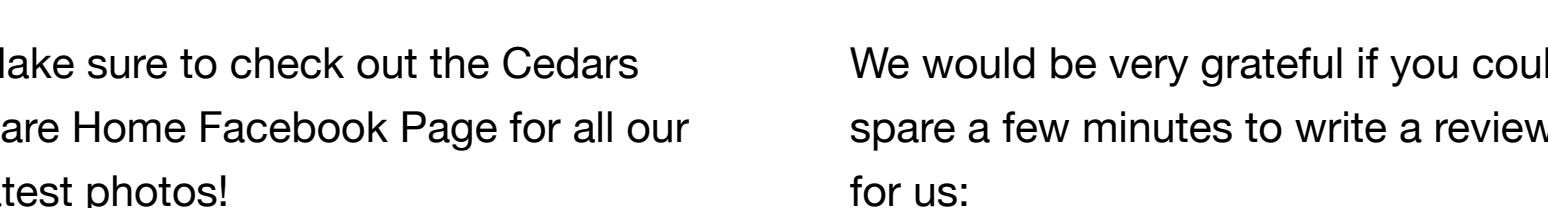
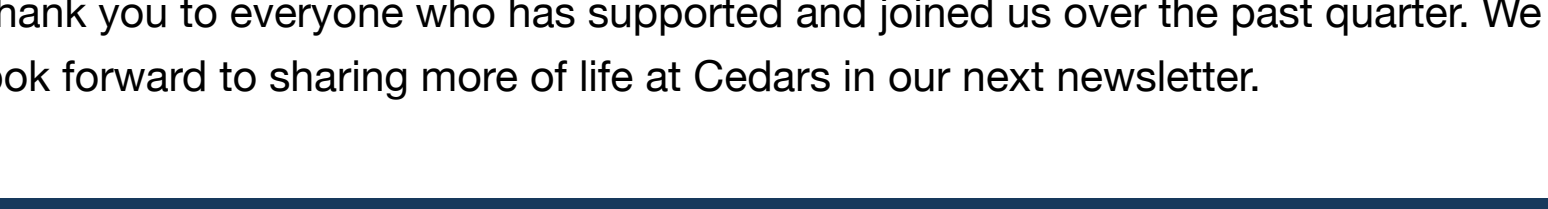
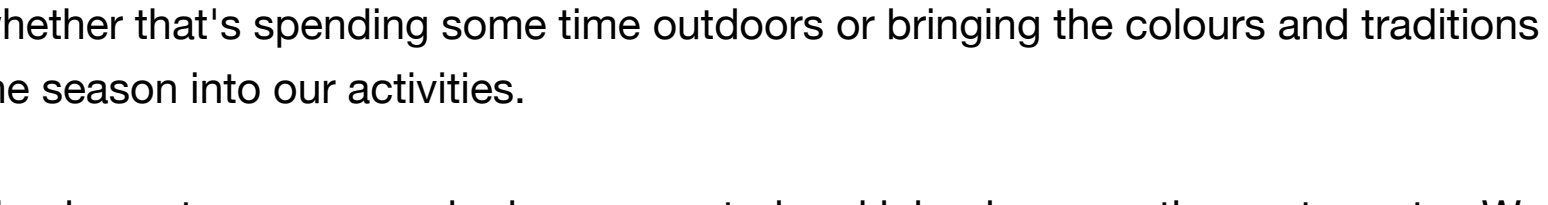
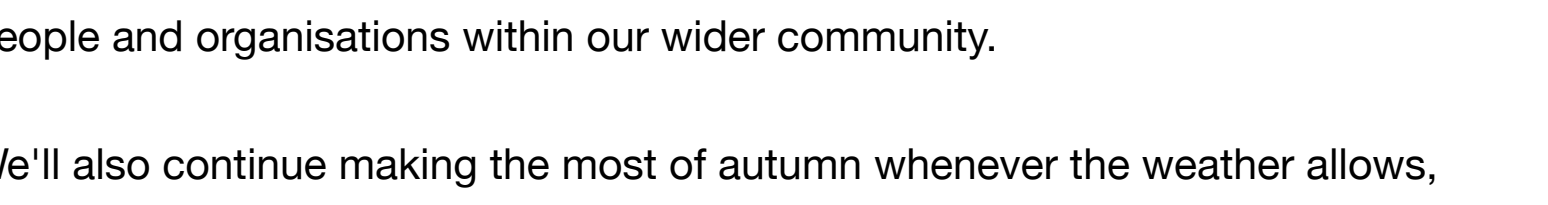
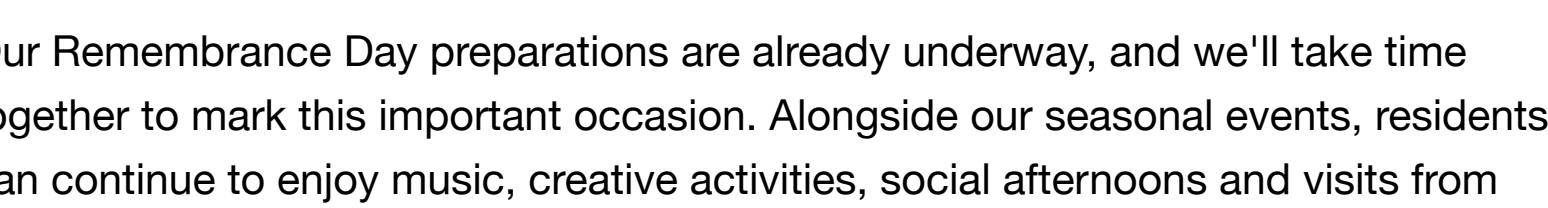
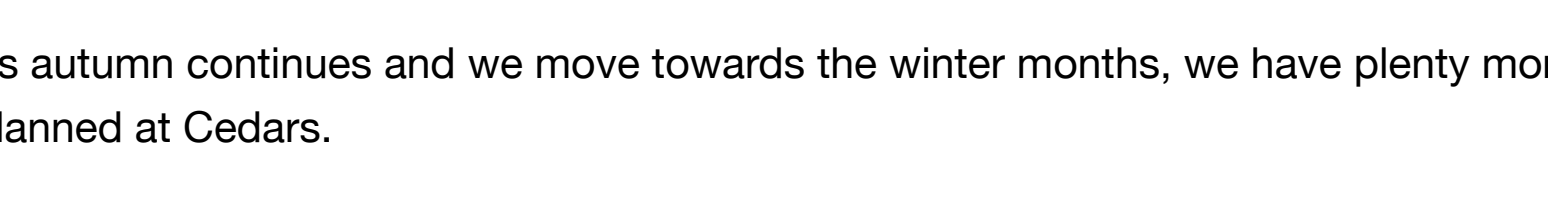
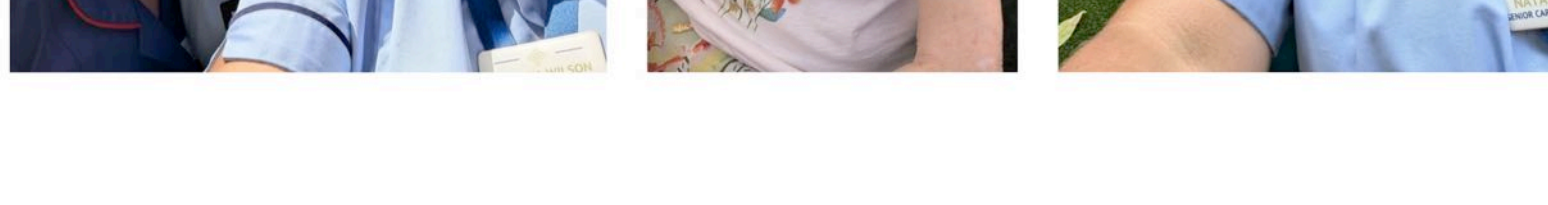
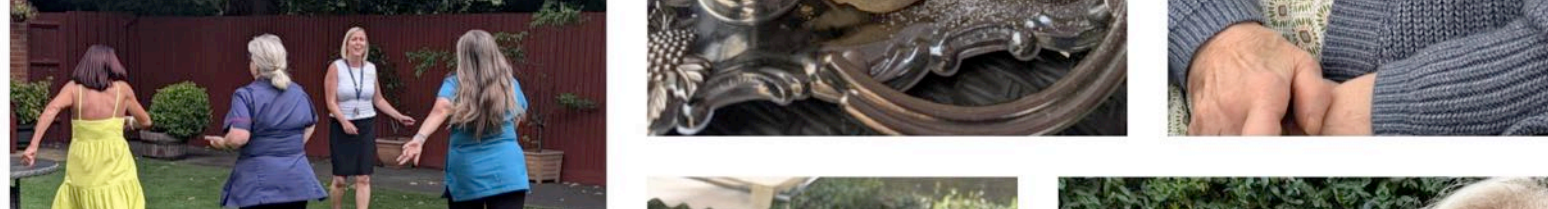
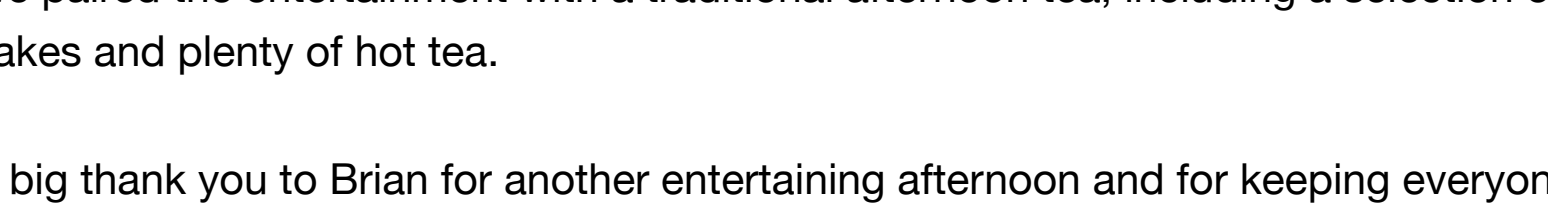
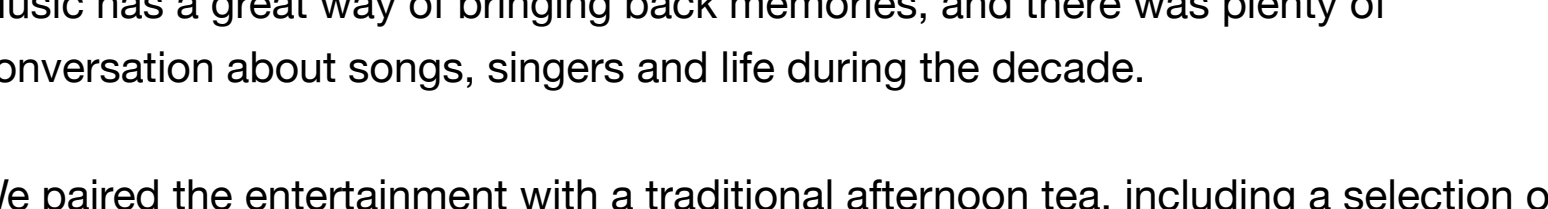
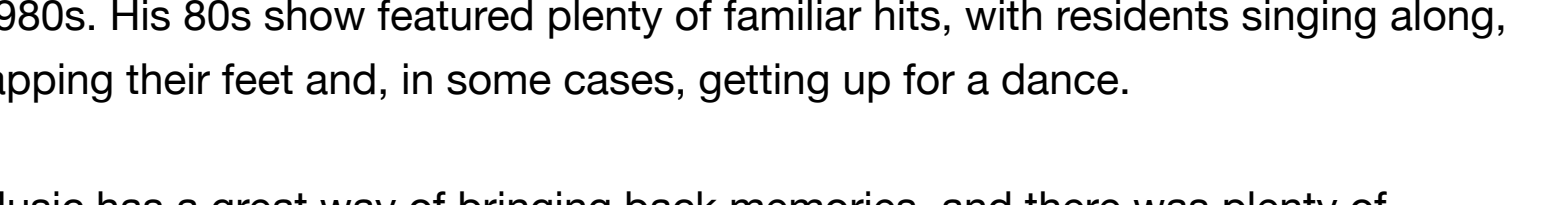
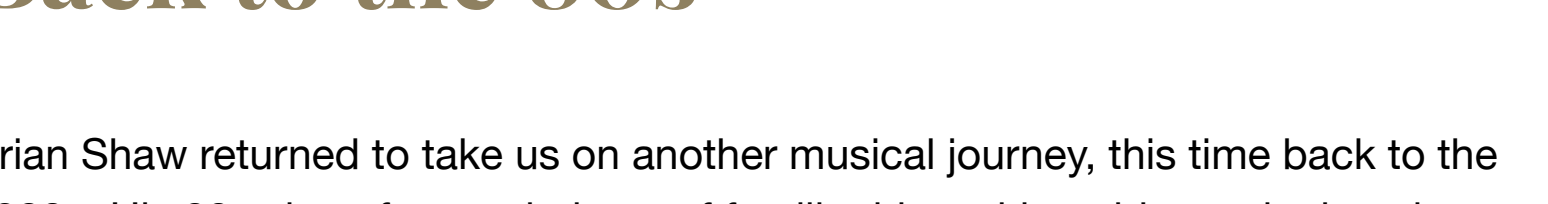
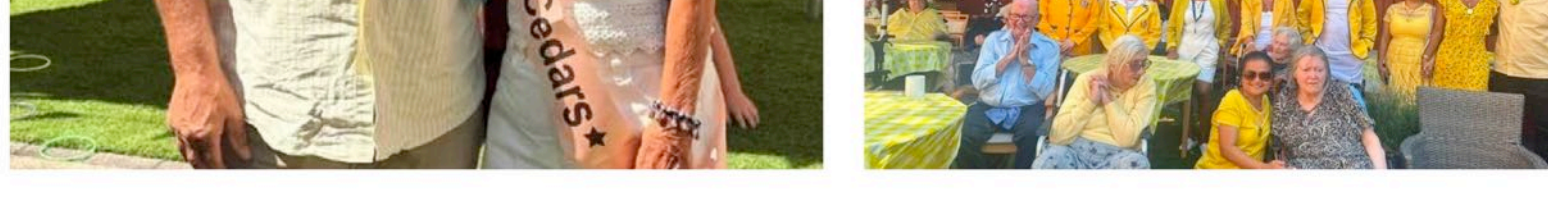
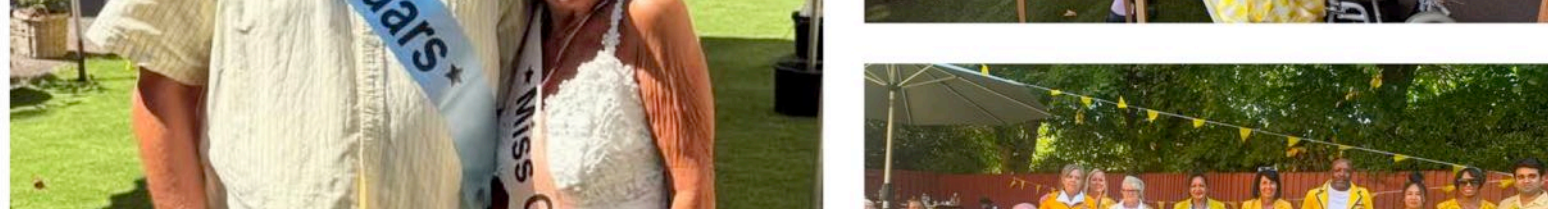
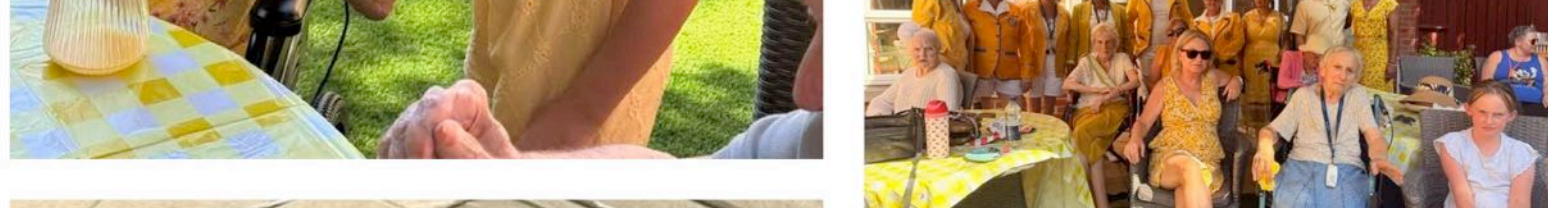
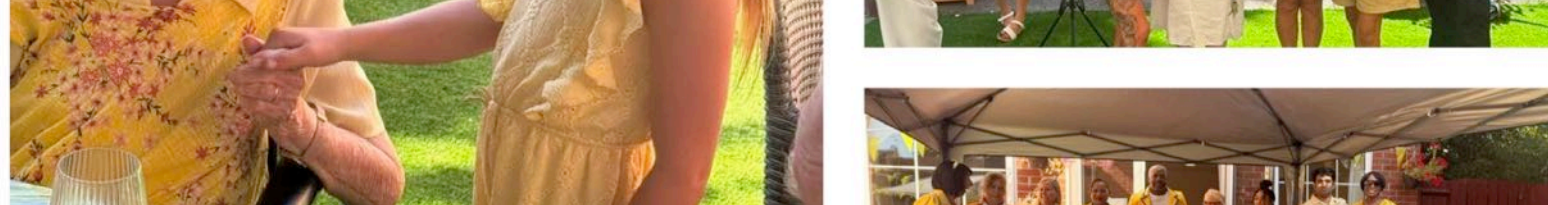
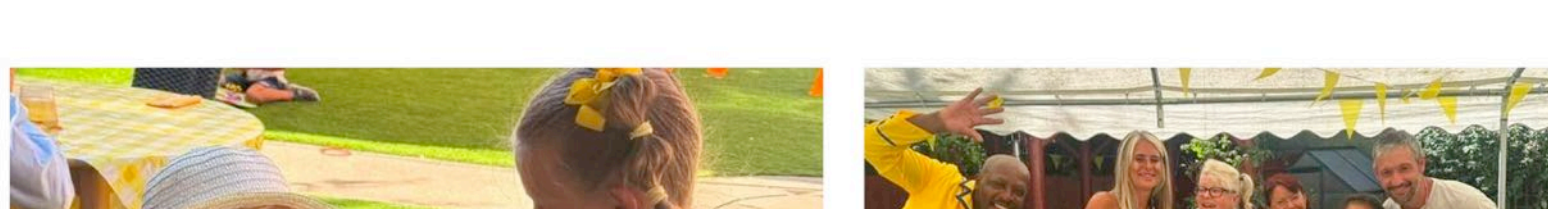
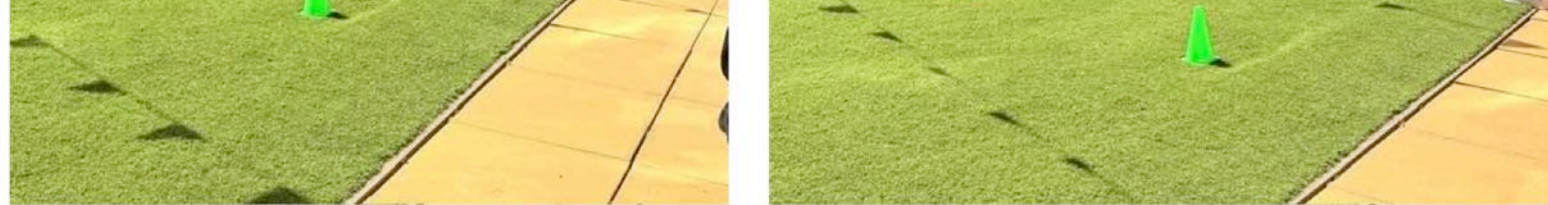
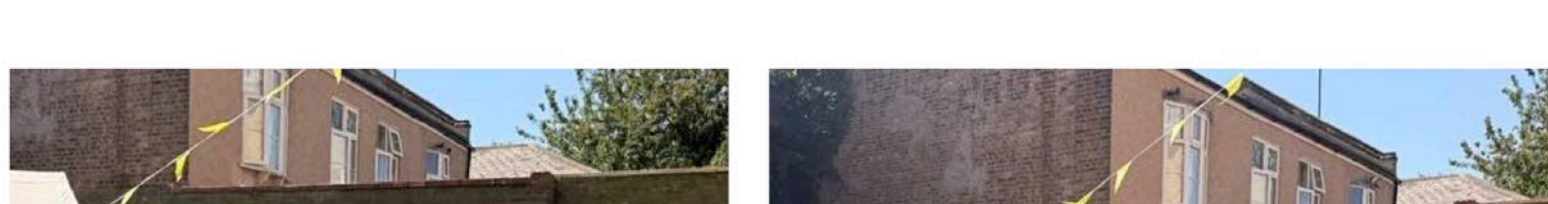
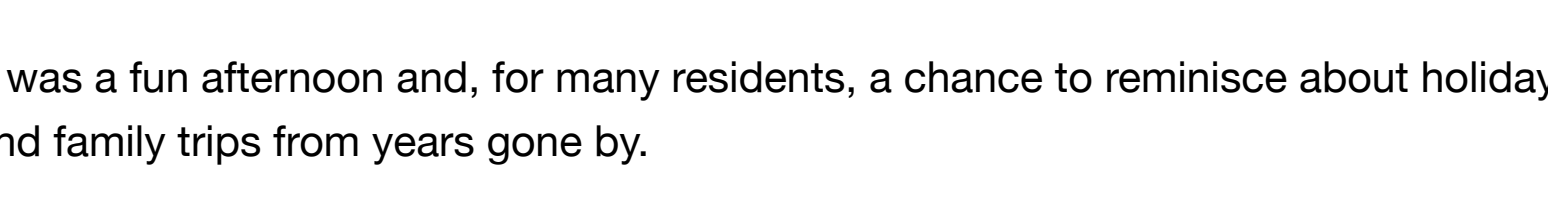
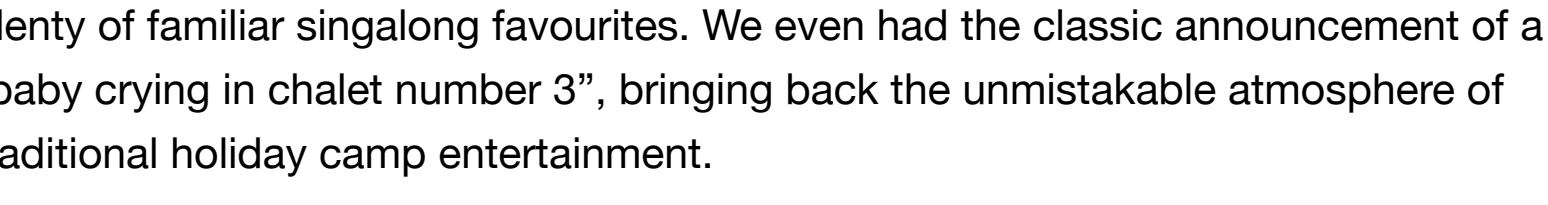
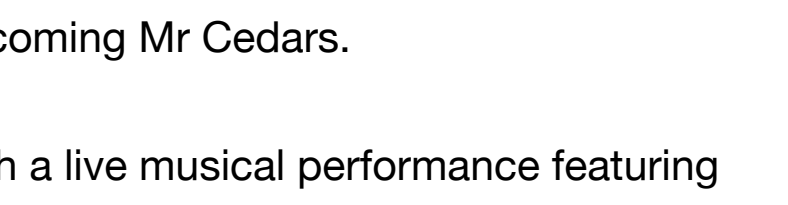
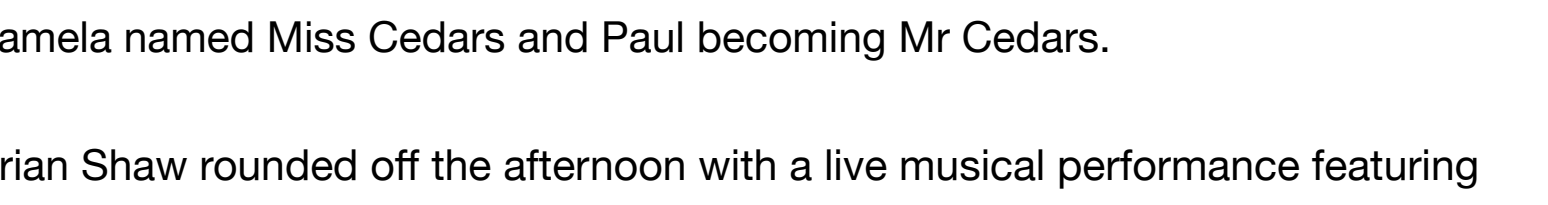
We stepped back in time to the golden age of British holiday camps for an afternoon filled with familiar entertainment and a little friendly competition.

There were yellow coats, retro tunes and plenty of traditional holiday camp as residents got into the spirit of the occasion.

Competition was taken seriously, with the Anna Team eventually triumphing and taking home the winner's trophy. We also crowned our very own resident royalty, with Pamela named Miss Cedars and Paul becoming Mr Cedars.

Brian Shaw rounded off the afternoon with a live musical performance featuring plenty of familiar singalong favourites. We even had the classic announcement of a "baby crying in chalet number 3", bringing back the unmistakable atmosphere of traditional holiday camp entertainment.

It was a fun afternoon and, for many residents, a chance to reminisce about holidays and family trips from years gone by.



COMING UP

Looking Ahead...

As autumn continues and we move towards the winter months, we have plenty more planned at Cedars.

Our Remembrance Day preparations are already underway, and we'll take time together to mark this important occasion. Alongside our seasonal events, residents can continue to enjoy music, creative activities, social afternoons and visits from people and organisations within our wider community.

We'll also continue making the most of autumn whenever the weather allows, whether that's spending some time outdoors or bringing the colours and traditions of the season into our activities.

Thank you to everyone who has supported and joined us over the past quarter. We look forward to sharing more of life at Cedars in our next newsletter.

EXTERNAL LINKS

Social Media

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